

Program FIMS Team Physician Course 2023
 Venue (17 Sep, 2023) Seminar Room 1 & 2, Jockey Club Kitchee Center, 23 On Muk Street, Shek Mun, Sha Tin
 Venue (23 Sep, 2023) Seminar Room 1, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Sha Tin
 Venue (24 Sep, 2023) Room F, KCT Clinical Skills Learning Centre, 2/F, Clinical Sciences Building, Prince of Wales Hospital, Sha Tin

17 Sep, 2023 (Day 1)

Time	Topic	Speaker
09:00 – 09:15	Introduction	Prof Patrick Yung
09:15 – 09:45	The oral pre-competitions examinations	Dr Maher Zahar
09:45 – 10:15	Oral health and their impact on the prevention of injury	Dr Maher Zahar
10:15 – 10:45	Environmental problems	Dr Andrew Jowett
10:45 – 11:00	Break	/
11:00 – 11:30	The modern-day team physician: roles, responsibilities and required qualifications	Dr Andrew Jowett
11:30 – 12:00	Young athlete	Dr Andrew Jowett
12:00 – 12:30	The pre-participation examination: a cornerstone of sports injury prevention	Miss Kate Yung
12:30 – 13:00	Travelling with the team as a sports physiotherapist	Miss Kate Yung
13:00 – 14:00	Lunch	/
14:00 – 14:30	Sports medicine and physical challenge (para sport)	Dr Ana Cintrón
14:30 – 15:00	The Female Athlete Triad and RED-S: the Evolution	Dr Ana Cintrón
15:00 – 15:30	The cardiovascular pre-participation screening of athletes: a cornerstone of sport-related sudden cardiac death	Dr Gary Mak
15:30 – 15:45	Break	/
15:45 – 16:15	Sports nutrition	Miss Sylvia Lam
16:15 – 16:45	Drugs and anti-doping	Prof Patrick Yung
16:45 – 17:15	Medical and other conditions affecting sports participation	Prof Fabio Pigozzi
17:15 – 17:45	The masters, older and senior athletes	Prof Fabio Pigozzi
17:45 – 18:00	Q&A session	/

23 Sep, 2023 (Day 2)

Time	Topic	Speaker
9:00 – 9:25	Initial assessment of injured athlete: BLS including CAB management	Dr Wilis Kwok
9:25 – 10:45	Head, neck, torso and limb injuries	Dr Debbie So
10:45 – 11:00	Break	/
11:00 – 13:00	Practical workshop: Spinal immobilization, neck collar + spinal board and simple airway AED, wound care, splintage, sling, bandage	Dr Wilis Kwok Dr Ken Wu Dr Debbie So Dr Cyrus Leung
13:00 – 14:00	Lunch	/
14:00 – 15:30	Medical Emergencies: Syncope and convulsion, cardiac emergencies, metabolic emergencies, respiratory emergencies and thermal injuries	Dr Cyrus Leung
15:30 – 15:45	Break	/
15:45 – 17:45	Practical workshop: Case scenario practical training	Dr Wilis Kwok Dr Ken Wu Dr Debbie So Dr Cyrus Leung
17:45 – 18:00	Q&A session	/

24 Sep, 2023 (Day 3)

Time	Topic	Speaker
09:00 – 11:30	Practical workshop: Taping	Miss Karen Kwong Mr Quentin Yau Mr Gorman Ngai
11:30 – 11:45	Break	/
11:45 – 13:45	Practical workshop: Massage	Miss Karen Kwong Mr Quentin Yau Mr Gorman Ngai
13:45 – 14:00	Q&A session	/